Healthy Living Challenge  
 Cards

**Data Management**

**Unit 2 Line Master 1a**

**Exercise Cards**

Jumping-  
Jacks

Chin- Ups

Push- Ups

Sit-   
Ups

Number of Times

Number of times each exercise is done

15

12

9

6

3

Morning or Afternoon (Extension)

a.m.

p.m.

Healthy Living Challenge  
 Results

**Data Management**

**Unit 2 Line Master 1b**

|  |  |  |
| --- | --- | --- |
| **Day** | **Exercise** | **Number of Times** |
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